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HaBiTS 4.0 Bootcamp

NeuroCloud

The Expert PLC Learning **EPSilon Series**

TeamSYNthesis

for

PLC
4.0 READY
Project Leadership Course
EXECUTIVE DEVELOPMENT

HaBiTS4.0

Vital Behaviours & Mindsets
*for **Sustaining Peak Performance** in*
the 4th Industrial Revolution

20-24 January 2020, PIKOM Training Center,
Empire Damansara, Malaysia

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Measure your reactions to PEOPLE

Measure your reactions to WORDS

Measure your reactions to SMELLS

Measure your reactions to SOUND

Measure your reactions to TASTE & EXPERIENCES

Measure your responses to life's CHALLENGES

Course Objectives/ Learning Outcomes

Developing Habits, Behaviours & Thinking Styles for Peak Performance in the 4th Industrial Revolution focusing on 12 competencies:

- Independent Curiosity
- A Practicing Specialist Generalist.
- Inspiring Influentialness
- Living Mindfulness
- Creativity, Analytical & Critical Thinking
- Operational 10th Person
- Intrinsic Motivation vs Functional Fixedness
- Agile Change Mindset
- Observational Preparedness
- Applying Theories of HaBiTS
- Fearless Resilience

AOM (Actionable, Observable, Measurable) & RIM (Relevant, Impactful & Meaningful) Networking

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Meet the Co-Instructors

TAN Chee Peng *CITPM Senior, SCS Fellow, F.MIoD*

Business Technovise International & Team SYNthesis,
Group CEO

Chee-Peng is a humble and practical **Industry 4.0 practitioner** with **34 years** of experience, with business market presence in **Asia & Africa**. With **First Class Honours** from Imperial College UK, he trained more than **7,000 PMs/senior management** from **69 countries** across **6 continents** for career-defining approach to making things happen and delivering business outcome.

Industry 4.0 Practitioner, **Project Portfolio & PMO Advisor**, Business Performance Outcome Leadership Instructor, Industry 4.0 Programme Management, **#Industry4.0**, #I40, **#Leaders4.0**, #Leadership4.0, **#4IR**, #Mauritius4.0, **#Africa4.0**, #PM4.0, **#PMIS4.0**
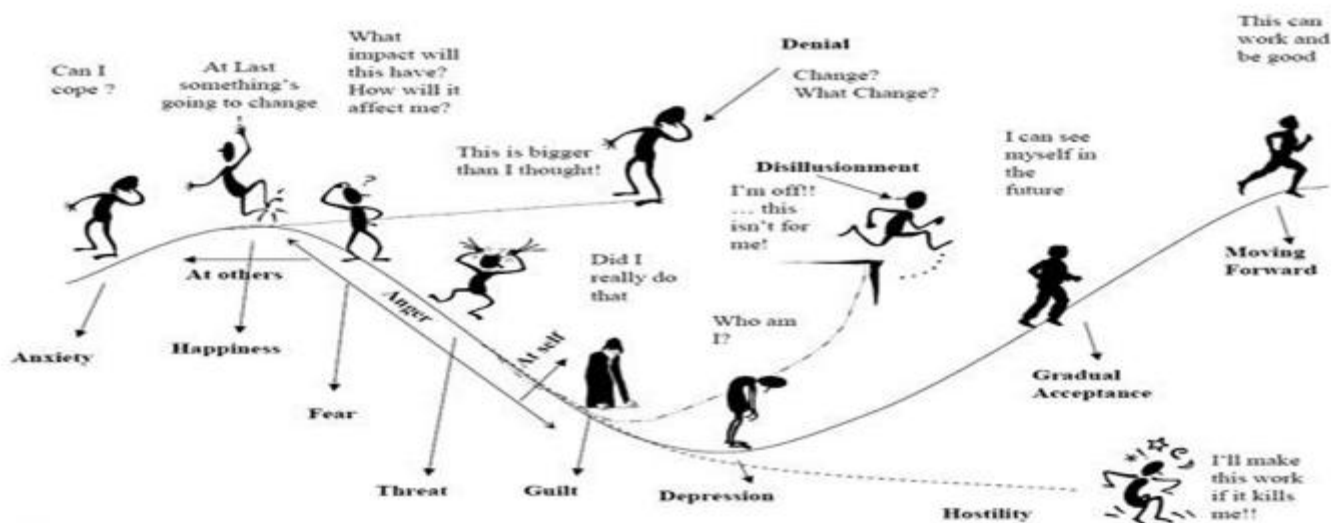
Dr Theva NITHY

NeuroCloud,
Specialist Generalist, Cloud AI, Neuroscientific & Data Analytics

Specialist Generalist - **SENSE & DESIGN** client's CX, user's UX &employee's EX.We use **Neuro** and **Biosensors** to measure and quantify Thinking, Emotions & Behaviours. Our **AI Cloud** uses this very **Rich Big Data** to enable your real-time, complete awareness and understanding of how you work, play and live in our **IR4.0 spaces.**

NeuroCloud researches, designs and builds **behavior algorithms**, and the **Cloud Analytics, Predictive Analysis** & Real-time reporting backbones that go with it. Our tools are **neuro and bio sensors** that provide **quantitative measurements** that enable us to understand Minds, Brains and Bodies better

Over 24 years (1992 – 2016) of experience in measuring brainwaves of Thinking, Behaviours & Emotions to assist Leaders to succeed
2 years (since Nov17) of successful benchmarking of Algorithms, Cloud AI & Reporting.
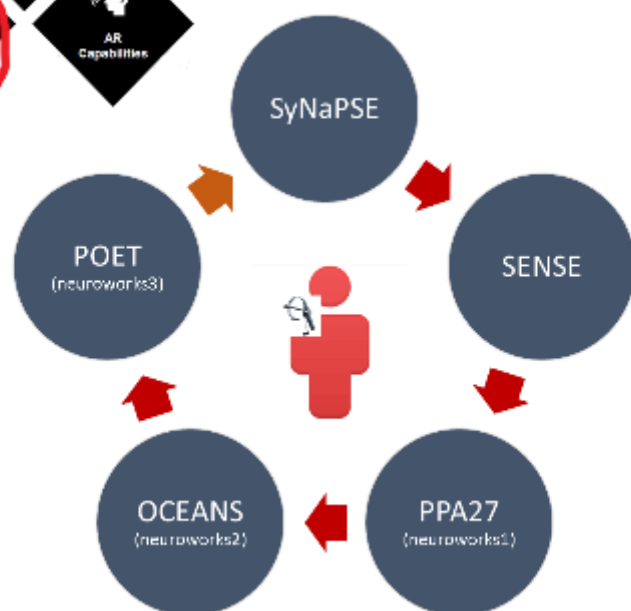
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SyNaPSE. SENSE. OCEANS. POET

Location & Time Tracking
Timesheet Management
Leave Management
Employee Onboarding
Rostering & Shift Management
KPI Performance Management
Incident & Task Management
Service Request
Talent Acquisition
Announcement & Messaging
SOP & Policy Documents
Expense Management
Assets Management
Exit & Separation
Training & Learning
Appraisal
Disciplinary Management
Workforce Analytics
AR Capabilities

Enhance Performance & Learning

SyNaPSE
SENSE
POET (neuroworks3)
PPA27 (neuroworks1)
OCEANS (neuroworks2)

Reduce Stress & Increase Happiness

Understand Yourself, Improve Yourself

Knowing others is intelligence; knowing yourself is true wisdom. Mastering others is strength; mastering yourself is true power.

Peak Performance Bar Graph (2018-11-06 10:23:25 to 2018-11-06 10:40:49)

Negative Emotions							
Anger	37%	Confusion	42%	Confusion	62%	Confusion	74%
Arousal	33%	Anger	31%	Arousal	43%	Arousal	41%
Confusion	25%	Arousal	28%	Anger	37%	Anger	39%
Frustration	25%	Frustration	20%	Frustration	28%	Frustration	22%
Impulsivity	14%	Impulsivity	11%	Impulsivity	18%	Impulsivity	14%
Stress	3%	Stress	5%	Stress	10%	Stress	6%

Decisive	53%	50%	75%	84%
Awareness	14%	12%	12%	10%
Mental Agility	19%	21%	28%	31%
Inspirational	34%	26%	23%	18%
Resilience	44%	51%	71%	77%
Logical	51%	54%	73%	83%
Collaboration	19%	17%	18%	10%
Mindfulness	23%	13%	13%	8%
Fearlessness	21%	18%	19%	19%
Engagement	22%	29%	48%	65%
Empathy	33%	30%	27%	27%
Creativity	28%	32%	44%	39%

Positive Emotions							
Happiness	34%	Happiness	25%	Happiness	26%	Happiness	17%
Calmness	20%	Calmness	18%	Calmness	21%	Calmness	23%

Preparedness States							
Mental	21%	Mental	18%	Mental	12%	Mental	8%
Learning	22%	Learning	19%	Learning	24%	Learning	24%
Physical	18%	Physical	15%	Physical	34%	Physical	31%

5 Mins | 5 Mins | 5 Mins | 5 Mins

| 0% - 19% | 20% - 39% | 40% - 59% | 60% - 79% | 80% - 100% |

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Training Agenda

DAY ONE: 08:30 -19:15 ■ Habits, Behaviours & Thinking Styles for Peak Performance in the 4th Industrial Revolution ■ Independent Curiosity Context ■ Fearless Resilience Context ■ Living Mindfulness Context ■ Living Mindfulness Practice Make a decision about how far we would go to being mindful in our spaces, and at what point we have to start thinking about personal profits and advantages, while also catering to delighting our clients so that no one loses face and opportunities	■ Independent Curiosity Practice Construct creative ideas, translated into project plans and stories during activities, measuring the level of other's curiosity by seeing their reactions to it. This is an important skill to enable others to engage with us and be curious and willing enough to continue to engage with us as they strive to achieve planned outcomes ■ Fearless Resilience Practice Display resilience to overcome mental blocks, false truths about ourselves and perceptions of others, physical pain and discomfort, knowing that physical acceptance of pain is a step towards building mental strength against stress, thus building progressively higher levels of adaptation to stress, resulting in gradual development of calm and becoming more in control of emotions, specifically anger issues
DAY TWO: 08:30 -19:15 ■ Recap Day 1 ■ Creativity, Analytical & Critical Thinking Context ■ Intrinsic Motivation versus Functional Fixedness Context ■ Inspiring Influentialness Context ■ Inspiring Influentialness Practice Demonstrate via engaging in a RIM experience, an AOM recognition and realisation for why a peer must change HaBiTS; while demonstrating our own personal HaBiTS that influences and inspires the peer to want to change personal HaBiTS simply because we create awareness about a better way to practice new HaBiTS4.0 that enable the possibility of better personal futures	■ Creativity, Analytical & Critical Thinking Practice Solving IR4.0 problems are almost always a Wicked Process, where the solution may lead to even bigger problems, because the problem cannot be fully understood due to its VUCA nature. Creativity and then Critical Thinking are required to frame the problem in a context that provides a perspective that now enables a solution that is able to approach the design of a painkiller that solves almost the full problem ■ Intrinsic Motivation versus Functional Fixedness Practice Understand how our passions that are hidden and may not be ever known to us consciously, will still drive our Intrinsic Motivations and consistent interest and curiosity in specific fields. Understanding our passions helps build our outlook and perceptions of the people and processes that surround us, and match our HaBiTS and capabilities to external needs in an AOM and RIM manner. The opposite of this is to become Functionally Fixed on money, name and power to engage with activities we dislike, and causing many levels of negative side effect
DAY THREE - 08:30 -19:15 ■ Recap Day 2 ■ Agile Change Mindset Context ■ Observational Preparedness Context ■ AOM (Actionable, Observable, Measurable) & RIM (Relevant, Impactful and Meaningful) Networking Context ■ AOM (Actionable, Observable, Measurable) & RIM (Relevant, Impactful and Meaningful) Networking Practice Test and implement a strategy from the very basics, to choose from our existing network, and build a project network team within a one-hour period of time, using online and real-world channels to present a painkiller for an accepted pain that is exciting and impactful enough that others are willing to abandon their own team to move to our team because it stimulates intense curiosity, belief and expectations	■ Agile Change Mindset Practice Demonstrate the awareness that a change mindset is a necessary process without being trapped in The Sunk Cost Fallacy, which is the core trap that conditions people to not want to change, but forge ahead - even when market responses, logic and facts say that failure is imminent, and mediocre results the only possible outcome if old, repeated actions and HaBiTS are implemented ■ Observational Preparedness Practice Recognise and practice the idea that we do not even have to wait for opportunities and luck to come knocking, because being prepared after understanding our IR4.0 people and markets, drives and pulls us towards our passion-directed expertise so that we are always ready to create our own opportunities by directing market needs through our influence and expertise ■ Industry Guest Speaker 3 ■ Initial One-to-One Reviews ■ Case Study Submission
DAY FOUR - 08:30 - FINISH ■ Recap Day 3 ■ Operational 10th Person Context ■ Applying Theories of HaBiTS Context ■ A Practicing Specialist Generalist Context ■ A Practicing Specialist Generalist Practice ■ Recap Day 4 ■ Overall Practice 1 ■ Debrief Overall Practice 1 ■ Overall Practice 2 ■ Debrief Overall Practice 2	■ Operational 10th Person Practice ■ Applying Theories of HaBiTS Practice ■ Overall Practice 3 ■ Debrief Overall Practice 3 & Closing
REGISTRATION ■ Registration deadline: 5 working days before training	

Registration Form

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PARTICIPANT DETAILS

Title (Mr / Mrs / Ms): _____

Family Name (Surname): _____

First Name: _____

Email Address: _____

Personal Email Address: _____

Date of Birth: _ _ / _ _ / _ _ _ _ (DD/MM/YYYY)

Mobile Number: _____

Company / Organisation : _____

Designation: _____

Address:
_____
_____

Postcode: _____ City/State: _____

Office Tel: _____ Office Fax: _____

Meal Preference: Veg O   Non-veg O

Date: _____ Signature: _____

PROFESSIONAL BACKGROUND

Qualifications: _____

Years of Working Experience: _____ Years in Project Leadership: _____

Years as officially-designated Leadership/Management Roles: _____

Professional Project Management Membership: _____ (eg. PMI)

ADDITIONAL INFORMATION

Have you attended any Project Management Training before? YES / NO

Are you PMP/CITPM/Prince2/P2M/etc Certified? YES / NO

2020 HaBiTS 4.0 Bootcamp SESSION DATES

Please tick the session date for registration:

[ ] 2nd HaBiTS 4.0 Bootcamp: **20-24 January 2020**

[ ] 3rd HaBiTS 4.0 Bootcamp: **20-24 April 2020**

[ ] 4th HaBiTS 4.0 Bootcamp: **20-24 July 2020**

[ ] 5th HaBiTS 4.0 Bootcamp: **28 Sept - 2 Oct 2020**

VENUE

PIKOM Training Centre @ E1, Empire Damansara, Ground Flr.
No.2, Jalan PJU 8/8A, Damansara Perdana,
47820 Petaling Jaya, Selangor Darul Ehsan. Malaysia
**The organizers reserve the rights to change the venue at their discretion. us

PARTICIPATION FEE

[   ] Local Registration: RM 5,000 (HRDF Claimable)

[   ] Foreign Registration: USD 1,500

REGISTRATION

Registered by: _____

Designation: _____

Contact Number: _____

Email Address: _____

BILLING DETAILS

Invoice attention to: _____

Designation: _____

Contact Number: _____

Billing Address: _____

Email Address: _____

Company Reg: _____

PO Number: _____

SST No: _____

Please **invoice** my company/organisation and payment will be made prior to the start of the Course.

PAYMENT METHOD

The only method of payment acceptable is via Telegraphic Transfer to the bank account of the Business Technovise Innovation Sdn Bhd. Payment must be received 10 days before the start of the course.

Account Name: Business Technovise Innovation Sdn Bhd

Bank Account No: 512343217699

Bank Name: Malayan Banking Berhad

CONFIRMATION

1. Registration is on a first-come-first-served basis
2. To confirm your registration(s), all registration form(s) must be accompanied with a **Letter of Undertaking (LoU)** on company's letterhead.

ENQUIRIES & REGISTRATION

Business Technovise Innovation Sdn Bhd (609334-T)
71C Jalan SS 25/2
Taman Bukit Emas
47301 Petaling Jaya

Tel : 03-7880-3119

Email: PLCSecretariat@teamsynthesis.com

[PAYMENT POLICY] Payment is due in full at the time of registration. Full payment is mandatory for event attendance.

[CANCELLATIONS & SUBSTITUTIONS] Cancellations received in writing to the Course Secretariat at PLCSecretariat@teamsynthesis.com at least 10 working days prior to the beginning of the Course will be accepted and all fees refunded will be less a RM1,000 administrative fee. You may substitute participants at least 5 working days prior to the beginning of the Course. If you were accorded special rates but the person replacing you does not qualify, the difference will have to be topped up. The full name and details of the replacement person must be advised in writing to the Course Secretariat at PLCSecretariat@teamsynthesis.com at the point of the notification. No refunds are given for any late cancellations, non-attendance (no-show) or partial attendance at the Course.

[VENUE POLICY] The Organizers reserve the rights to change the venue at their discretion.

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